Saphnelo®
(anifrolumab-fnia)
Intravenous Use 300 mg/vial
Subcutaneous Use 120 mg/0.8 mL

SAPHNELO is for adults with moderate to severe systemic lupus erythematosus (SLE or lupus) who are on other lupus medicines. Not for severe active lupus nephritis or central nervous system lupus.

Take the Lead in Discussing Your Lupus Treatment Goals

This Doctor Discussion Guide is designed to help you discuss your treatment plan and goals with your doctor.

Establish Your Goals

Select all that may apply.

- ☐ **I want to reduce disease activity.**
- ☐ **I want to address steroid use.**
- ☐ **I want to lessen flares.**
- ☐ **I want to reduce medication side effects.**
- ☐ My other goals are: _____

Share Your Experience

"I've been on my current treatment for_____ year(s) and_____ month(s)."

"My current treatment plan includes…"

List the lupus medications you are currently taking.

_____

If you are taking steroids and know your dose, provide your daily dose:_____ mg/day.

"The lupus symptoms that impact how I feel the most are..."

Select all the lupus symptoms that you are currently experiencing.*

- ☐ Skin rash
- ☐ Sun sensitivity
- ☐ Abdominal pain
- ☐ Hair loss
- ☐ Brain fog
- ☐ Joint pain
- ☐ Mouth ulcers
- ☐ Fatigue
- ☐ Muscle pain

Write additional symptoms here: _____

☐ Check this box if any of your symptoms are new since your last doctor's visit.

***Contact your doctor for medical advice and to discuss your symptoms.**

"Most recently, my lupus symptoms have caused me to…"

Select all the ways that lupus is affecting you.

- ☐ Cancel social outings
- ☐ Not be fully present with family or friends
- ☐ Miss work or not be able to give it my all
- ☐ Stop most physical activity
- ☐ Adjust or abandon my routines
- ☐ Question my expectations for my future

You can also write how your lupus is affecting you here: _____

"My lupus flares occur..."

Select one.

Monthly | Every 3 months | Every 6 months | Yearly | Never

IMPORTANT SAFETY INFORMATION

- **Do not use SAPHNELO** if you are allergic to anifrolumab-fnia or to any of the ingredients
- **Before you receive SAPHNELO, tell your healthcare provider about all of your medical conditions, including if you:**
  - Think you have an infection or have an infection that keeps coming back
  - Are scheduled to receive a vaccination or if you think you may need a vaccination. You should not receive live vaccines during treatment with SAPHNELO

Please see additional Important Safety Information throughout and full Prescribing Information, including Patient Information.

Saphnelo®
(anifrolumab-fnia)
Intravenous Use 300 mg/vial
Subcutaneous Use 120 mg/0.8 mL

Ask if Adding SAPHNELO to Your Treatment Plan Is Right for You

1. Could SAPHNELO help reduce disease activity and address some of my symptoms?
2. Could SAPHNELO help me address my steroid use?
3. Could SAPHNELO help me lessen my lupus flares?
4. Does SAPHNELO have any side effects?

Additional questions to ask your doctor:

- [ ] Will I stay on my other lupus medicines if I'm on SAPHNELO?
- [ ] How does a biologic like SAPHNELO work, and what makes it different from other lupus medicines?
- [ ] How long does SAPHNELO take to work?
- [ ] How is SAPHNELO administered?
- [ ] How long does a SAPHNELO infusion take?

Keep Track of Your Thoughts

Use this space to collect additional thoughts or questions you have before you visit your doctor. You can also use this space to take notes while discussing your treatment plan.

Discuss your treatment plan with your doctor to learn if adding SAPHNELO could help you meet your treatment goals.

IMPORTANT SAFETY INFORMATION (cont'd)

- **Before you receive SAPHNELO, tell your healthcare provider about all of your medical conditions, including if you (cont'd):**
  - Have or have had cancer
  - Are receiving other biologic medicines or monoclonal antibodies
  - Are pregnant or plan to become pregnant. It is not known if SAPHNELO will harm your unborn baby. Tell your healthcare provider if you are, might be, or plan to become pregnant during treatment with SAPHNELO
    - **Pregnancy exposure registry** monitors pregnancy outcomes in women exposed to SAPHNELO. You can find out more information about the registry by calling AstraZeneca at 1-877-693-9268
  - Are breastfeeding or plan to breastfeed. It is not known if SAPHNELO passes into your breast milk

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. SAPHNELO may affect the way other medicines work, and other medicines may affect how SAPHNELO works.

Please see additional Important Safety Information throughout and full Prescribing Information, including Patient Information.

Saphnelo®
(anifrolumab-fnia)
Intravenous Use 300 mg/vial
Subcutaneous Use 120 mg/0.8 mL

IMPORTANT SAFETY INFORMATION (cont'd)

SAPHNELO may cause serious side effects, including:

- **Serious infections:** SAPHNELO can lower the ability of your immune system to fight infections. You may be at a higher risk of developing respiratory infections and shingles (herpes zoster) during treatment with SAPHNELO. Infections could be serious, leading to hospitalization or death. Tell your healthcare provider right away if you have any of the following symptoms of an infection:
  - fever, sweating, or chills
  - muscle aches
  - cough
  - shortness of breath
  - burning when urinating
  - urinating more often
  - diarrhea or stomach pain
  - warm, red, or painful skin or sores on your body

- **Allergic (hypersensitivity) reactions,** including anaphylaxis: Serious allergic reactions can happen during or after SAPHNELO administration. Tell your healthcare provider or get emergency help right away if you have any of the following symptoms of a serious allergic reaction:
  - swelling of your face, mouth, and tongue
  - breathing problems
  - fainting or dizziness
  - feeling lightheaded (low blood pressure)

- **Cancer:** SAPHNELO may reduce the activity of your immune system. Medicines that affect the immune system may increase your risk of certain cancers

The most common side effects of SAPHNELO include:

- Upper respiratory infections
- Bronchitis
- Infusion reactions (when given intravenously)
- Shingles (herpes zoster)
- Cough

These are not all the possible side effects of SAPHNELO. Call your healthcare provider for medical advice about side effects.

APPROVED USE

SAPHNELO is a prescription medicine used to treat adults with moderate to severe systemic lupus erythematosus (SLE or lupus) who are receiving other lupus medicines.

It is not known if SAPHNELO is effective in patients with severe active lupus nephritis or severe active central nervous system lupus. It is not known if SAPHNELO is safe and effective in patients under 18 years of age.

Please see full Prescribing Information, including Patient Information.

You may *report side effects related to AstraZeneca products*.

SAPHNELO is a registered trademark of the AstraZeneca group of companies.
©2025 AstraZeneca. All rights reserved.
US-101516 Last Updated 11/25